



EWFCCA's Annual "Reach for the STARS" Conference

Saturday, March 14th, 2020 (6 STAR/Merit hours)

University High School Theater & Commons Area

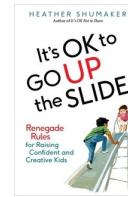
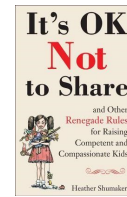
12420 E 32nd Ave, Spokane Valley

Join us for

*"Nurturing Confident, Compassionate & Creative Kids
professional development, networking, and inspiration with*

HEATHER SHUMAKER

Heather's books will be available to purchase at a discounted rate and can be signed by Heather!



HEATHER SHUMAKER

<https://heathershumaker.com/>

Heather is a nationally known speaker who frequently keynotes and teaches workshops. She speaks at early childhood conferences around the U.S. and Canada, as well as schools, libraries and writing conferences. She loves to share her joy of books and children with audiences everywhere.

Heather Shumaker writes books for children and adults. She began writing books in elementary school and is now an award-winning author of several books for adults. The Griffins of Castle Cary is her first book for children.

Heather has written two "renegade parenting" books that question conventional practices. With It's OK Not to Share, and It's OK to Go Up the Slide, Heather promotes play, conflict mediation skills and no homework for young children. Her books have won awards (Nautilus Silver Award, Books for a Better Life finalist) and been translated into Arabic, Chinese, French, Korean, Romanian, and Russian.

Before she became an author, Heather tried many jobs, including: milk maid, sailor, llama trek guide and fire crew. She also lived at the South Pole and sorted garbage and recycling in Antarctica. Heather now lives in northern Michigan with her husband and two children.

Heather is a nationally known speaker who frequently keynotes and teaches workshops. She speaks at early childhood conferences around the U.S. and Canada, as well as schools, libraries and writing conferences. She loves to share her joy of books and children with audiences everywhere.

She's also the author of Saving Arcadia, a narrative nonfiction book about Great Lakes land conservation that's been called a "page-turning environmental action thriller." Saving Arcadia has won state and national awards including: Michigan Notable Book Award, Eric Hoffer Award finalist, and Next Generation Indie Book - Environment Winner.

Heather holds a BA in sociology/ anthropology from Swarthmore College and an MS in land resources from the University of Wisconsin-Madison. Today Heather lives up in northern Michigan with her husband and two children.

University High School Theater

12420 E 32nd Ave, Spokane Valley, WA

Enter through the EAST Entrance

*a wonderful site, handicap accessible,
with plenty of free parking.*

7:30 am Open Registration / Breakfast (7:30am—8:30am) Vendor Shopping

Your registration includes breakfast that consisting of: Muffins; Breakfast breads; pastries; Fresh fruit; coffee, tea and juices.

8:15am—8:30am: Begins with Announcements & Conference Introduction

followed by Heather Shumaker presenting:

8:30am- 10am Why It's OK (and even Good) for Kids not to Share

This introduction to the counterintuitive world of "renegade parenting" examines what young children really need and how we can best respect those needs. Includes sharing, saying 'sorry', free play, big body movement, and other areas where adult expectations don't match what children need to do. We will examine the main elements children need for successful play. Participants will be given time to reflect on their own attitudes and beliefs about sharing. You will recognize ways child-directed turn taking advances social/emotional learning and moral development and will understand the steps to implement child-directed turn taking. We will discuss how daily conflicts among children provide opportunities for social and emotional learning. We will also explore ideas of motion and big body movement and how to value active behavior. CC: 1.5 hrs Child Growth & Development

10:15am—11:45am: Wild Emotions

What to do with all those BIG feelings? Gain a host of practical tools to help kids accept and express their big feelings appropriately, with a focus on difficult emotions like anger and sadness. Premise: All feelings are OK; all behavior isn't. First, we will examine their own relationship to these feelings. Attendees will be able to recognize how to separate behavior from emotion and learn methods to stop the behavior, but accept the emotion. Participants will gain the ability identify the main steps in solving daily conflicts between children and gain confidence in handling conflict mediation. Go back to your facilities with the specific tools to help children cope with big feelings without hurting other people. CC: 1.5 hours Interactions

11:45—12:30pm Lunch and Vendor Shopping

This years menu consists of: Sub Sandwich of your choice: **Turkey; Roast Beef; Ham or Veggie** topped with tomato, lettuce and cheese (please indicated your choice on the registration form)

Assortment of Chips to choose from; Side Vegetables, Fresh Fruit & Dessert!

We will have a beverage station with a choice of:

Water, Unsweetened Iced Tea (sugars available), and Strawberry Lemonade

*You may bring a sack lunch if you prefer or visit a near by restaurant.****



**FREE
LUNCH**

12:30m—2:00pm ~ Power and Action

CC: 1.5 hours Program Planning & Development

Explores the many benefits of rough-and-tumble play and other positive ways for children to channel physical energy and get their needs met for risk, power, and friendship. Attendees will examine their own biases towards rough play and active children. We will gain understanding of the value of risk in children's play and identify the benefits of big body play for social development. You will be able to identify how rough-and-tumble play helps children gain conflict mediation skills and learn the main steps in solving daily conflicts between children. Attendees will share skills on how to integrate rough-and-tumble play into your existing program and how to communicate these values to parents.

2:15m—3:45pm ~ What's on your Walls?

CC: 1.5 hrs Curriculum & Learning Environment

In this session, we tackle "the big three" and examine why classroom staples like behavior charts, calendars, and weather charts don't give children the skills and direct experiences they need. Look at the ingredients that truly make a play-based program, and see how participants can enhance play with an action plan for their programs. Together we will create an action plan for making small changes immediately and for moving towards longer-range goals. We will end the day with discussing what follow-up resources exist and answer questions.



**Eastern Washington
Family Child Care
Association's**

Annual Reach for the STARS Conference

Proudly brings to Spokane the nationally
known speaker and Author of
*It's OK Not to Share &
It's OK to GO UP the SLIDE*

HEATHER SHUMAKER



**Saturday,
March 14th, 2020**

8:15am-3:45pm

(6 STARS hours—doors open at 7:30am)

**University High School Theater
12420 E 32nd Ave, Spokane Valley**

For more information,
visit www.ewfccca.org

Or call Debbie Thurber at 509-926-6144
or email her at Debbie@ewfccca.org

Print this page and detach this section >>>>>>>

University High School Theater
12420 E 32nd Ave, Spokane Valley, WA
Enter through the EAST Entrance
*a wonderful site, handicap accessible,
with plenty of free parking.*



REGISTRATION FORM

Please feel free to make copies of this form if needed or visit
www.ewfccca.org to download additional forms

Name: _____

STARS # _____

Address: _____

City: _____ State: _____

Zip: _____ Phone #: _____

Email: _____

^^To receive future mailing of EWFCCA's events^^

Joining us for Breakfast?? Yes / No Thank you

*****Early Bird Conference Fee: \$65**
(postmarked on or before Saturday, March 7th)

Conference Fee: \$75
(postmarked on Monday, March 9th or at the door)
It is suggested that you call & register your attendance 509-926-6144

Lunch ? (please indicate>>>>) No / Yes Please!
Roast Beef / Turkey / Ham / Veggie

Optional Membership (see below) +\$35 or +\$17.50

EWFCCA General Member discount -\$10
(You must be a current EWFCCA General Member
or include the fee to take this discount—see below) **OR**
EWFCCA Associate Member discount -\$5
(You must be a current EWFCCA Associate member or
include the fee to take this discount—see below)

Amount enclosed: *

Non-refundable but transferable

*The registration fee is reimbursable from Washington STARS (\$250 Max)

Make checks payable to: **EWFCCA**

Mail to: **7620 E Maxwell Ave
Spokane, WA 99212**

I wish to add a 1 year membership to EWFCCA
for \$35.00 (licensed providers and center directors)
or \$17.50 (family childcare assistants and center
assistants) to my above registration fee. My membership
includes quarterly newsletters and discounts on this and
future workshops & conferences. To see other benefits visit
www.ewfccca.org for more information. (Membership will
be good through Sept. 2021)