

Eastern Washington  
Family Child Care Association  
**Connection**  
Special Edition  
Sept / Oct 2013

To join this Association call William McGunagle @ 489-5230

NEWSLETTER DEADLINE 20TH OF THE MONTH-Debbie Thurber @ 926-6144 or E-mail Debbie@ewfcca.org

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327-2087

**Networking?**

For those of you who do not know me, I'm Deborah Thurber, President of Eastern Washington Family Child Care Association (EWFCCA). We wanted to reach out to child care professionals like yourself, to introduce you to what EWFCCA has to offer in hopes that you would consider become a member. By becoming a member of an organization, such as EWFCCA, it is one of the easiest ways to network. We can provide the perfect opportunity for you to make connections with fellow child care business owners throughout Spokane.

Networking isn't just for those with MBAs, PhDs or any of the other number of letters combinations. Professional networking doesn't have to focus just on the business end of your profession. For us providers, networking can entail making contact with fellow providers, educators, and referral agencies, local and state agencies. But in my opinion the most important networking you can do is with other providers. People who understand the ups and downs of everyday life as a home childcare provider and the loneliness of limited contact with adult for hours on end. Providers that share the excitement of being with little ones learning, developing and growing right before your eyes. Can't forget to mention the new ideas for curriculums, menus and organization and much more. I've only touched on a few of the benefits of networking with other providers has to offer. Networking helps child care businesses build enrollment through referrals, keeps ideas fresh and current, and creates access to a wealth of pertinent information and resources.

Networking also leads to friendships and support with regard to a variety of topics that are of concern to those in the child care business, such as licensing issues/concerns, payment and accounting questions, WAC concerns, health issues, and child discipline issues, to name a few.

..... Continued on Page 3

**General Meeting Location: 723 E Jackson Spokane Time: 7-9pm**

**General Meeting Dates:**

**Mon. Sept 16th**

Welcome Back Event  
FREE Star hr.: Viewing Bev Bos's  
"Starting at Square One" DVD  
(see back page for more information)

**Mon. Oct 21st**

Viewing Part 1 of 2  
"Facing the Challenge" DVD  
series developed by Devereux  
Early Childhood Initiative

**WELCOME to all our members.** EWFCCA's calendar year is from July through June. Dues are \$30.00 for licensed providers and \$15.00 for associates, exempt providers and other interested parties, per year. Please feel free to call any of the officers if you have questions.

**DISCLAIMER:** As an Association, we cannot endorse any products, individuals, or individual's statements within this newsletter.

**NEWSLETTER:** To submit articles and/or information for publication please contact Debbie Thurber at Debbie@ewfcca.org or call 926-6144 before the 20th of the month.

**EWFCCA Committee Chairs**

<b>BY LAWS</b> Sandra VanDoren 534-1940	<b>MEMBERSHIP</b> William McGunagle 489-5230
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<b>HOSPITALITY</b> Yolanda Call 327-2087	<b>WEBSITE <a href="http://www.ewfcca.org">www.ewfcca.org</a></b> Deborah/James Thurber 926-6144
<b>JUNE BANQUET</b> William McGunagle 489-5230	<b>2013 CHRISTMAS PARTY COORDINATORS</b> Paula Rigsby 483-8421 Savanna Anderson 315-5404

**State Pay Providers ONLY Hotline: 1-800-394-4571**

**Email: [providerhelp@dshs.wa.gov](mailto:providerhelp@dshs.wa.gov) Automated Provider Line (24/7) 1-866-218-3244**

**Child Care Aware of Eastern Washington (formerly Family Childcare Resources)  
Parent line for childcare referrals 1-800-446-1114**

**Aflac** For EWFCCA Discounted Prices on Insurance Contact:  
Brad Bailey 509-340-3929 [brad\\_bailey@us.aflac.com](mailto:brad_bailey@us.aflac.com)

**MERIT** [website: https://apps.del.wa.gov/MERIT](https://apps.del.wa.gov/MERIT) Phone#: 1-866-482-4325

**CPR, First Aid & HIV Training:**

1st Line, 1st Aid 509.926.0558; American Red Cross 509.326.3330; CPR Services 509.327.2085  
Tammy Caruthers, RN 509.290.6079; The Safety Center LLC 509.979.0849

**SEIU Member Support:**

**1-877-734-8673 [www.seiu925.org](http://www.seiu925.org)**

<b>SEIU 925 EXECUTIVE BOARD</b> Sandra VanDoren (President) 389-1940
<b>SEIU Lead Activist</b> Nancy Gerber 924-6534
<b>SEIU ORGANIZER</b> Lisa Beaulaurier (866)734-8925 ext: 328 (SEIU Employee)
<b>BARGAINING TEAM (FOR 2013/15 CONTRACT)</b> Sandra VanDoren 389-1940 Nancy Gerber 924-6534 Deborah Thurber 926-6144
<b>Payment Grievance Hotline: 888-270-0613</b>
<b>Health Insurance: 866-771-7359</b>

**DEL**

**([www.del.wa.gov](http://www.del.wa.gov))**

<b>Chief Administrator—Mary Kay Quinlan</b> Marykay.quinlan@del.wa.gov 253.983.6413
<b>Spokane's Licensing Regional Admin (RA)</b> Bob Kerwin 509.789.3833(desk) 509.724.9597 (cell) robert.kerwin@del.wa.gov
<b>Karen Christensen - NEW Licensing Supervisor</b> Karen.christensen@del.wa.gov 509.789.3822
<b>Karen Cole—Eastern Wa FCC Licensor</b> karen.cole@del.wa.gov 509.789.3830
<b>Susan Nelson—Eastern Wa FCC Licensor</b> Susan.nelson@del.wa.gov 509.789.3826

## President's Message Continued.....

In addition, networking helps promote community, connectivity, and collaboration; vital forces that help daycare businesses thrive.

EWFCCA puts on at least two conferences yearly. We offer at least 6 STAR hours at each of our Fall and Spring conferences (member get an additional discount)

As well as holding eight monthly meeting offering one FREE STAR hour at each meeting. These opportunities are an excellent place for child care providers as well as administrators, Family Child Care owners, directors and staff of early care and education programs to network. We provide early childhood education credits for those needed continuing education.

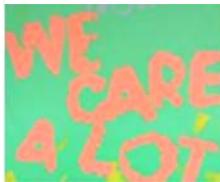
I hope you take the time to read through this special addition of our newsletter and take a peek at what EWFCCA have to offer providers like you. Hope to see you at our Welcome Back Event on Monday, September 16<sup>th</sup> from 7pm to 9pm (location is on the back) where we will be networking and view the Bev Bos DVD "Starting a Square One," partake in great food and have the opportunity to win the door prize. If you have any questions, feel free to contact me at 509-926-6144 or email at [debbie@ewfcca.org](mailto:debbie@ewfcca.org)!

*All the best until next time :) Debbie*

*I hope you have as much fun reading this months newsletter as I had creating it for you. I also hope that you will find the information helpful and useful. If you have a question, a tip, a recipe or a story you'd like to share, email it to me ([Debbie@ewfcca.org](mailto:Debbie@ewfcca.org)) and I'll include it in a future issue!*

## EWFCCA's Care-a-lot Committee

If you know of a provider experiencing a hard time, illness, death in the family or you think they just need a pick-me-up, call or email Sandra VanDoren 509-389-1940 [NoahsArkDaycare@qwest.net](mailto:NoahsArkDaycare@qwest.net) or Debbie Thurber at 509-926-6144 [Debbie@ewfcca.org](mailto:Debbie@ewfcca.org) and the association will send them a small token to brighten their day.



## Awesome Bookmarks!



Take a photo of each child posing as if they're holding onto a rope and hanging down. (Suggestion: have the kids stand in front of a white sheet if you will be using your computer printer and want to cut down on the ink used). Print out the photos. Either from your home printer or send them to a developer)

Cut out as close as possible around the photo of each kid. Using a glue stick, mount each photo to card stock to make the bookmark a little sturdier. However, DO NOT glue down the hands, only the head and body. Then cut out around the photo again.

Next, slip in a tassel between the photo and the cardstock backing so it looks like the kids were really holding it.

**(How to make a tassel)** ~ using embroidery floss in desired colors, wrap floss around your three middle fingers about 20 times. Snip end and remove loops in one piece. Cut a piece of floss about 12 inches long and loop it through one end of the looped floss and tie a good knot. Then tie a knot closing the long thread together and cut off excess floss. Then cut the looped floss creation at the opposite end and there you have it!

Finally, cut out a piece of contact paper to cover the back and front of the bookmark. Adhered it to both sides, smooth it down and cut out around the bookmark, leaving about 1/8" or so around the edges.

# EWFCCA 2013 / 2014 Year of Events

## Monday September 16th

MERIT Pre-approved Bev Bos's DVD

"Starting at Square One"

(see back page for more information)

Pot Luck Theme: BACON!

Highlighted area: Board Members

## Monday, October 21st

MERIT Pre-approved Part 1 of 2

"Facing the Challenge" DVD Series

(see article below)

Pot Luck Theme: Annual Chili Cook-off

Highlighted area: Central Valley

## Saturday, November 9th

Annual Fall Conference

"Through the Eyes of a Child"

All-day training with Emily Plank of Abundant Life Child Development

(see article)

## Monday, November 18th

MERIT Pre-approved Part 2 of 2

"Facing the Challenge" DVD Series

(see article below)

Pot Luck Theme: Italian

Highlighted area: North East

## Saturday, December 14th

EWFCCA Annual Christmas Party

## Monday, January 27th, 2014

Topic/STAR hour to be announced.

Pending MERIT approval

## Monday, February 24, 2014

Topic/STAR hour to be announced.

Pending MERIT approval

## Saturday, March 8th 2014

"Reach for the STARS" Conference

(see article)

Keynote Presenter: Teacher Tom

Breakout classes to follow

Breakfast and Lunch offered

## Monday, March 17th, 2014

Topic/STAR hour to be announced.

Pending MERIT approval

## Monday, April 21st, 2014

Topic/STAR hour to be announced.

Pending MERIT approval

## Monday, May 19th, 2014

Topic/STAR hour to be announced.

Pending MERIT approval

## Saturday, June 21st, 2014

Annual June Banquet

## Typical General Meeting Agenda

(see back page for more information)

**6:45—7 pm Social Networking & Food!**

**7—7:30 pm Association Announcements!**

**7:30-7:45pm Break/Social Networking & Food!**

**7:45-Pm—8:45pm FREE MERIT/STAR Hour!**

**8:45—9pm Door Prize Giveaway! ~ STAR hour Registration!**

**Certificate Handout! ~ Closing!**



## "Facing the Challenge" DVD Series

Scheduled for Monday's October 21st and November 18th

An instructional, interactive DVD set for childcare providers working with young children with challenging behaviors. The program includes over two hours of training and documentary video designed to help providers learn how to prevent children's use of difficult behaviors and how to develop intervention strategies to work with children who use challenging behaviors to meet their needs.

October is our Annual Chili Cook-off! Enter your best chili for a chance to win a prize. November themed pot-luck is Italian night!

## Paper Cup Ghosts

White paper cups  
White streamers  
Clear tape  
Black marker  
Scissors  
White string



### Instructions:

Turn a white cup upside down and draw a face on it. Cut streamers to 6-inch lengths and tape them to the inside of the cup. Use your scissors to cut a small slit in the bottom of the cup. Thread some string through the slit in the cup and tie a knot so that it will stay in place. Use the string to hang the ghost in a doorway or from the ceiling.



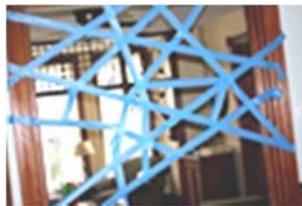
## Ghostly Pancakes

Ingredients:  
Your favorite pancake batter  
Chocolate Chips

Spread pancake batter in blobs on griddle heated on medium-high heat. Don't worry too much about the shapes, just make sure they aren't circles. Place two chocolate chips, pointy side down, on the pancakes for eyes and another chocolate chip for the mouth. Cook until bubbles form, flip pancake and cook for an additional 30 seconds-1 minute on the other side. Remove from pan and serve! **Note:** A healthier version would be to use some "boo" berries for the mouth and eyes instead of chocolate chips, or raisins, or even raisins."

## Sticky Spider Web Activity

**How to do it:** Simply find an open space in your house -- doorways work great -- and place tape high enough so that kids won't be tempted to run through it. Make sure the sticky side faces the children. Scrunch up old newspapers or magazines into balls and have a throwing contest.



## Spider Sacks

Pack of water balloons  
Yarn (Shown: white yarn laced with silver strand)  
Craft glue  
Plastic spiders (Shown: white yarn laced with silver strand)  
White thread or fishing line to secure spider



Create a mixture of water and glue. The perfect glue to water ratio is somewhat of a mystery but you want to err on the side of more glue versus less. Now comes the really hard part, blowing up the water balloons. Suggestion: use some kind of a pump or air compressor if at all possible. Next, approximate how much yarn you'll need to cover the balloon and wrap it around your hand to create a loop (this helps prevent tangles). Then dunk it, squeeze the excess moisture from the yarn (if this is not done...it could take days for it to dry) and start wrapping. When you're happy with your coverage, give the balloon one last roll in the mixture for good measure. Let dry at least overnight and possibly a lot longer. When the yarn is finally dry, all it takes is a needle or pin and – POP! – you have a spider sack. Remove and throw it away. Now it's time to decorate and hang. You only need a very small amount of fishing wire tied around one leg to secure them.

## Clothespin Magnets

wooden or plastic clothespins  
buttons, google eyes, small silk flowers, pom-poms, beans, beads etc  
hot glue (with adult's help)  
magnet strips  
Posterboard or cardstock (white is best)



Begin by drawing the first letter in each child's name on a piece of posterboard/cardstock. Cut out the letters, they should be approximately 3 inches in height. Lay the posterboard/cardstock letter onto a flat work surface. Have the children choose what they would like to use to decorate each letter with. Use whatever items you'd like, as long as they aren't too heavy. Have the children arrange their "finds" on the letters (atop the work surface) the way they would like them to be on their magnets.

Next, position clothespins so they fit nicely to the back of each letter so that both open at the same end (bottom). An adult will need to operate the glue gun. Apply glue to the items and affix them, one at a time, to the posterboard letter. Set aside to dry completely. On the back of the clothespins, attach a long magnet strip (these are self-adhesive and available at discount and craft stores). When finished, glue the letter to the clothespin!

## Mini Fruit Pizza w/Cream Cheese Frosting

### Cookies:

2 3/4 cup all-purpose flour  
1 tsp baking soda  
1/2 tsp baking powder  
1 cup unsalted butter, softened  
1 1/2 cups granulated sugar  
1 egg  
1 tsp vanilla extract

### Frosting:

2 (8-oz.) packages cream cheese, softened  
1/2 cup butter, softened  
2 to 4 cups confectioner's sugar  
1 to 2 tsp vanilla extract (to taste)

### Toppings:

Diced fresh fruit of any kind. The more colorful the better!

### Instructions:

#### Cookies:

Preheat oven to 375 degrees. In a small bowl combine flour, baking soda and baking powder. In a large bowl cream butter and sugar until light and fluffy (about 2 minutes). Beat in egg and vanilla. Gradually add the dry ingredients and mix until thoroughly combined. Roll rounded walnut sized amounts of dough into balls and place on ungreased cookie sheet. Bake 8 to 10 minutes or until edges are set and lightly golden. Let stand on cookie sheet 2 minutes before moving to wire racks to cool completely.

#### Frosting:

In a medium bowl, cream together cream cheese and butter until smooth and creamy. Add vanilla. Gradually add the confectioner's sugar until frosting reaches desired consistency. Store in refrigerator until ready to use.

Enjoy your pizzas and don't forget to make a yummy smoothie with the leftover fruit!



## 2013/2014 Software Promotion



This year, members can receive full versions of  
<<<<< **Windows 7** ~ (50 copies available at the non-profit  
discounted price of \$25);

**Window 8** ~ (50 copies available at the non-profit  
discounted price of \$25); >>>>>>



<<<<<< **Office Professional Plus 2013** ~ (50 copies available at the non-  
profit discounted price of \$60 ~ retails for \$300+) includes Word, Power-  
Point, Excel, Outlook, OneNote, Access, Publisher, and Lync .

**Norton 360** ~ which can be installed on 3 different computers .(100 copies  
available at the non-profit discounted price of \$20). >>>>>>

(open to your family, staff and childcare parents—order early—available on a  
first come first serve basis)



If you have questions or want to place your order, you can do so by attending our General  
Meeting or by calling Debbie or James Thurber @926-6144 or email Debbie@ewfccca.org

*Mark Your Calendar and Watch Your Mail!*

## EWFCCA Fall Conference

EWFCCA proudly brings you a all day training with

**Emily Plank**

of Abundant Life Child Development  
<http://abundantlifechildren.com>



"Through the Eyes of a Child"

**Saturday, November 9th**

**8am—3pm**

**Spokane Valley Church of the Nazarene**  
**15515 E 20th in the Spokane Valley**

## The A B C's of Recycling

### Materials

- Bottle caps
- Magazines
- Scissors
- Glue stick
- Self-adhesive magnetic tape (available at craft stores)



### Instructions

1. Collect 30 or so plastic bottle caps. You'll want enough for every letter of the alpha-  
bet, plus more for extra E's, A's, S's, T's—and any other letters that appear twice in your  
child's name. Not enough caps at your house? Ask the neighbors!
2. Search through magazines and cut out bold, colorful letters to fit inside each cap. Al-  
so look for pages without much writing, and cut them into small white squares, slightly  
larger than the bottle caps.
3. Trim as close as possible to each letter, and then glue them onto the white square  
backgrounds.
4. Place a bottle cap on top of a white square and trace around it so you know what size  
circle to cut. Use this as a template, and cut the rest of the squares into circles. Glue each  
letter to the inside of a cap.
5. Cut a small piece of self-adhesive magnetic tape. Stick on the back of a cap so that  
the magnetic side is facing out. Repeat with remaining caps.  
Stick your magnets on the fridge and start spelling!

Emily Plank began her adventure working with children 12 years ago and has never  
looked back! After some time teaching middle school, she found her way into early  
childhood education and her vocational match. She is a play-enthusiast, expert  
block-tower-builder, skilled problem-solver, and accomplished storyteller. Over the past  
decade, Emily has worked as a family childcare provider, mentor, and adult educator.  
She is active in the early childhood professional circle, working with local and statewide  
chapters of the Association for the Education of Young Children.

Emily designs and leads thoughtful, compelling, and interactive keynote and workshop  
presentations for educators around the world. Her specialties include respectful guidance  
and discipline, play-based education, and outdoor learning. Participants in her classes  
return for her workshops time and time again, often traveling long distances just to hear  
what she shares.

She holds a degree from Pepperdine University in Liberal Arts with an Elementary  
Education Teaching Credential, with coursework in early childhood development. Emily  
is a passionate and talented writer, with articles featured in early childhood publications  
including *Exchange* and *The Advocate*. She shares stories and reflections regularly on  
her blog, [AbundantLifeChildren.com](http://AbundantLifeChildren.com). She lives in California with her husband and three  
very spirited young children.

*(6 STAR hours available— limited afternoon breakout classes ~ breakfast offered)*

**"The greatest accomplishments in life are not  
achieved by individuals alone, but by proactive people pulling  
together for a common good. Our mission in life is to offer our  
gifts to benefit one another, to create mutual gain in the world.  
This is called TEAMWORK."**

~John J. Murphy

## Childcare Advocate Resource & Education

CARE provide lay representation to Licensed Childcare Providers and Centers in The State of Washington. C.A.R.E. offers information, support and assistance to Providers navigating Licensing Regulations and WAC interpretations. C.A.R.E. provides Administrative Hearing Representation to Providers dealing with adverse licensing actions imposed by DEL and offers referrals to Attorneys who have experience with DLR/CPS & DEL.

Members Emergency 24 Hotline Number 1-360-423-2276

Members Non Emergency Number 1-360-423-2273 (Open 8:00 AM to 6:00 PM)

To contact CARE for more information: Website: [www.CareForProviders.com](http://www.CareForProviders.com)  
 Fax: 360-501-6874 Email: [CareForProviders@aol.com](mailto:CareForProviders@aol.com)

### Website Shoutout

<http://www.cdc.gov/ncbddd/actearly/index.html>

This link to the CDC Act Early website which has some great, free, printable resources. For example, click on 'Milestones' in the box on the left and a list of printable resources for different ages are available.

Makes a great Parent resource!



**Save the Date: Saturday, March 8th, 2014**

**EWFCCA's Annual**

**Reach for the STARS Conference**

**Keynote Presenter: Teacher Tom**

<http://teachertombsblog.blogspot.com/>

Tom "Teacher Tom" Hobson is a preschool teacher, writer, artist, and author. He is best known, however, for his namesake blog "Teacher Tom's Blog" where he has posted daily for over 3 years, chronicling the life and times of his little preschool in the rain soaked Pacific Northwest corner of the US. For the past 11 years Teacher Tom has been the sole employee of the Woodland Park Cooperative preschools, a collection of 4 separate parent-owned and operated schools housed under a single roof, knit together by Teacher Tom's unique progressive play-based pedagogy. The children come to the school as 2-year-olds in diapers and leave as "sophisticated" 5-year-olds ready for the larger world. Teacher Tom came into teaching through the backdoor, so to speak, having enrolled his own child in a cooperative preschool, where he began working daily in his daughter's classroom as an assistant teacher under the tutelage of both veteran teachers, although he'll be the first to tell you that most of what he learned came from the children themselves. When it was time for his daughter to move on, he "stayed behind," where he plans to remain for the rest of his life.



Assorted breakout classes to follow ~ Breakfast and Lunch offered ~ Vendor shopping

(6 STAR hours available)

**Spokane Valley Church of the Nazarene**  
 15515 E 20th in the Spokane Valley

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<b>Upcoming Events At a Glance</b>							
1	<p><b>Use this section to supplement your curriculum and help plan your days. This area will also keep you connected with EWFCCA's monthly events.</b></p> <p><u>Labor Day:</u> Monday, September 2nd  <u>Cheese Pizza Day:</u> Thursday, September 5th  <u>Read a Book Day:</u> Friday, September 6th  <u>Grandparent's Day:</u> Sunday, September 8th  <u>Teddy Bear Day:</u> Monday, September 9th  <u>911 Remembrance Day:</u> Wednesday, September 11th  <u>Chocolate Milk Shake Day:</u> Thursday, September 12th</p>						
8	<p><b>EWFCCA Board Meeting: Thursday, September 12th Perkins, Located at 12E Olive downtown 6p./food meeting starts t 6:30p pm</b></p> <p><u>National Peanut Day:</u> Friday, September 13th  <u>National Women's Friendship Day:</u> Sunday, September 15th  <u>National Play Dough Day:</u> Monday, September 16th</p> <p><b>EWFCCA General Meeting: Monday, September 16th (see back page for more information)</b></p> <p><u>Constitution Day:</u> Tuesday, September 17th  <u>National Cheese Burger Day:</u> Wednesday, September 18th  <u>International Talk Like a Pirate Day:</u> Thursday, September 19th  <u>POW/MIA Recognition Day:</u> Friday, September 20th</p>						
15	<p><b>Family Day—A day to eat dinner with your kids:</b> Wednesday, September 25th</p> <p><u>Johnny Appleseed Day:</u> Thursday, September 26th  <u>Native American Day:</u> Friday, September 27th  <u>World Vegetarian Day:</u> Tuesday, October 1st  <u>Name Your Car Day:</u> Wednesday, October 2nd  <u>National Golf Day:</u> Friday, October 4th  <u>World Smile Day:</u> Monday, October 7th  <u>American Touch Tag Day:</u> Tuesday, October 8th  <u>Fire Prevention Day:</u> Wednesday, October 9th  <b>S.A.V.E (Stop America's Violence Everywhere) Day:</b> Thursday, October 10th</p>						
22	23	<p><u>World Egg Day:</u> Friday, October 11th  <u>Columbus Day:</u> Monday, October 14th  <u>White Cane Safety Day:</u> Tuesday, October 15th  <u>Bosses Day:</u> Wednesday, October 16th  <u>Wear Something Gaudy Day:</u> Thursday, October 17th  <b>EWFCCA Board Meeting: Thursday, October, 17th</b>  <u>National Chocolate Cupcake Day:</u> Friday, October 18th  <u>Sweetest Day:</u> Saturday, October 19th  <u>Count Your Buttons Day:</u> Monday, October 21st  <b>EWFCCA General Meeting: Monday, October 21st</b></p>				27	28
29	30	<p><u>National Nut Day:</u> Tuesday, October 22nd  <u>Food Day:</u> Thursday, October 24th  <u>World Pasta Day:</u> Friday, October 25th  <u>Plush Animal Lover's Day:</u> Monday, October 28th  <u>National Frankenstein Day:</u> Tuesday, October 29th  <u>National Candy Corn Day:</u> Wednesday, October 30th  <u>Halloween:</u> Thursday, October 31st</p>					
<b>EWFCCA Fall Conference: Saturday, November 9th (see article)</b>							

# 2013-2015 Family Child Care Contract Summary

(for the full contract visit [www.sieu925.org](http://www.sieu925.org))

**Child care subsidy base rates increasing:** Starting September 1, a 2% base rate increase for child care providers who offer care that is subsidized by the Working Connections Child Care program. It also boosts subsidy reimbursement by 2% for providers who join Early Achievers, the state's quality rating and improvement system.

**Paid Holidays:** the State will pay for these holiday's if you choose to close. New Years Day; Martin Luther King Jr Day; President's Day; Memorial Day; Independence Day; Labor Day; Veteran's Day; Thanksgiving and the day after; Christmas plus 3 professional days.

\*Now, providers are **allowed to use a holiday on an alternative day in the same month** the holiday occurs if provider is open on the specific holiday. Say you are open on President's Day and you want to be closed on Feb 14th instead, you can take the 14th as the holiday and not Presidents Day! Holiday switch must be in the same month.

**Increased Field Trip/Quality Enhancement Fee** to \$30/month (was \$20/month)

This fee can include the purchase of curriculum, field trip fee, enrichment activities (i.e. gymnastics, swimming lesson, music man and the like) You can also ask for mileage reimbursement for use of private vehicles on a field trip. You will need to know the mileage that you traveled and contact the provider line at 1-800-394-4571 and they will send out a supplemental voucher.

**No more absent days**— Provider can claim all scheduled/authorized days in the month, regardless of child attendance. If a child attends at least one day in a particular month, we are now entitled to claim ALL days the child was scheduled to attend.

Example: September ~ there are 20 working days and 1 holiday. If you have a child that is authorized for 23 days Monday– Friday, you can claim 21 days for the month of September (minus any days that your were closed for personal reasons.) ~ even if the child was gone for two week for their vacation....you get the 20 days!

Example: You have a child authorized to attend Tuesday– Friday....you can only claim 16 days for September (minus any personal closed days) and are not eligible for the holiday because the child is not scheduled to attend on Mondays. (if you need help with claiming, feel free to call Debbie Thurber at 509-926-6144 or email [Debbie@ewfccca.org](mailto:Debbie@ewfccca.org) for personal attention)

**Child Care Check** ~ be sure to check your listing on DEL's Child Care Check site (visit [www.del.wa.gov](http://www.del.wa.gov) and click on the Child Care Check icon and enter your last name and click on your listing) per our agreement DEL can only list founded complains and monitoring checklist and FLCA's for the past 6 years. Then they need to be removed. If there is something on your profile has items that are older than 6 years...contact your licensor to have them removed.

**Documents will be published in Spanish and other languages** (Licensed and FFN) DEL will request the Code Reviser publish the licensing WAC in Spanish. Interpretation services will be provided when requested in advance.

**Non-Standard Hour Bonus** ~ If you care for child(ren) before 6am and after 6pm we are entitled to a \$50 bonus (per child) if care for a child 30 or more hours during the above time span per month. (previous contract was 45 or more hours)

**Training Reimbursement:** we are now entitled to receive \$150 annually for reimbursement of the funds we spend on our required 10 hours of continued education. This can be claimed by logging into your profile on MERIT and under Application the clicking on the Training reimbursement. NOTE: you can only do this once a year and between July and June of each year. So when you have spent a total of \$150 or more be sure to claim these fund. Even if you do not spend all the \$150 on trainings...be sure to login and be reimbursed for the monies you did spend every June or you will lose the right to be reimbursed for that year.



## The Letter "Aa"

### "A" Collage:

- \*Have the children cut out the letter "A" from magazines and glue them onto a piece of paper.
- \*Make that letter "A" out of construction paper. Have the children cut the letter "A" out of magazines and glue them to the letter "A".



### The Power of Air

- \*Have the children try to blow different objects across the table such as a feather, a piece of paper, a piece of cereal.
- \*Fill a balloon with air and let it go.
- \*Affix a straw to a balloon with two pieces of masking tape. Run a string or a piece of yarn through the straw. Affix each end of the string or yarn to a chair or other object so the string is taut. Fill the balloon with air, then release. The air inside the balloon will be released forcing the balloon to move along the string.
- \*Water down several different colors of paint. Place a small amount of one color onto a piece of paper. Provide the child with a straw and have them blow the paint across the paper. Repeat with other colors.

### Animals:

- \*Provide the children with many different kinds of plastic animals or pictures of animals. Have them sort the animals any way they choose. Then ask them why they choose to sort them the way they did.. Then have them sort the animals according to size, type or color. Have the children pretend to be an animal. (They can make noises) Ask them to guess what animal it is. guess!!!! Take turns acting out the animals.
- \*Ask the children to name their favorite kind of animal. They can draw their animal on a piece of paper, or provide a magazine so they can find a picture and cut it out and glue it to their pg.

## The Letter "Bb"

### Make a "B" Collage

### BUBBLES!

### Contact Paper Art

You will need a reverse picture of the letter "B". Place the image on the table and place a piece of contact paper, sticky side up over the image. Supply the children with scraps of construction paper to tissue paper. Children use the scraps to create the image on the contact paper.

### Bells:

- \*You will need yarn, a pencil, craft bells, Styrofoam cups and decorating materials. Have the children decorate their cup. Cut a piece of yarn, no longer than the height of the cup. Tie the yarn to the bell. Then poke a small hole on the bottom of the cup. Thread the yarn through the hole so the bell is inside the cup. Tie the yarn in a knot (or a couple of knots) so it will not come loose. Now you have a bell.
- \*Supply the children with many different bells. What different sounds do they make. How are the sounds different.

### Bean Collage

- \*Supply your child with many different kinds of beans. Have your child glue the beans on a piece of paper to form a collage.
- \*Sort Beans.
- \*Place a good amount of different kinds of beans into a dish pan. Provide different containers and cups for your child to place the beans in. Small and large. Let them experiment on their own, and with you. Let them pour the beans from one container to the other. Which container holds the most beans, or the least?





## The Letter "Cc"

### Make a "C" Collage

**Crabs:** Have the children sit on the floor and lean back on their hands. Have them keep their feet flat on the floor. Then have them lift their bottoms off the floor and try moving sideways as crabs do.



### Cotton Balls:

- \*Have the children count how many cotton balls it takes to fill a container.
- \*Let the children glue cotton on a piece of paper, making a snow scene, or a cloud scene. Try making a bunny, or a sheep. Use the cotton for hair, a mustache, a beard or eyebrows.
- \*You can find colored cotton balls at some grocery stores, or color your own with a little food coloring, and allow them to dry. The children can sort the cotton according to color.
- \*Spread some cotton on the floor. Give your child a basket and a spoon, let them pick up the cotton with the spoon and place it in a basket.

**Color Day:** Have each day of the week be a specific color day and ask the parents to dress the children in that color.

**Carnations:** Obtain a white carnation. Fill a clear vase or jar half with water. Ask your child which color he/she would like to make the carnation, and add food coloring in the vase to that color (Make the color dark). Color mixing is a good science lesson. Then put the carnation in the water. What happens after a few days?

**Can Stilts:** Get two cans of the same size. Use a hammer and nail to punch two holes in each can opposite sides, about 1 inch below the top rim. Thread a rope through each can by bringing the rope through one hole and out the other. Tie the ends together, leaving enough rope to reach the child's waist. Have the child put the cans on their feet, grasp the rope and pull up to walk.

## The Letter "Dd"

### Make a "D" Collage ~ Dance! ~ Play Duck, Duck, Goose!!!

**Dot Art:** Have the children make a picture using the holes (dots) from a hole punch.

### Dream Catcher

Cut a circle from the inside of a sturdy paper plate. Have the children cut slits into the outer edge of the plate. Then they can wrap yarn around the plate to create a dream catcher.

### Will it dissolve?:

Fill five clear jars with water. Take five different substances, like sugar, cereal, salt, paper, things that will dissolve, and some that won't. Ask your child which will dissolve, and which will not. Test each item in the water.

**Dump and Fill:** Toddlers like to dump and fill just about anything. Be sure to supply the children with plenty of opportunities to dump and fill. Coffee cans and boxes make great items to be filled. You can have the children fill with toys, tops from baby food jars, and other toddler safe items.



### Dandelions:

- \*Have your child paint glue onto a piece of paper... then have the child blow the seeds from a dandelion onto the paper.
- \*Obtain yellow dandelions, and allow the children to use them as paintbrushes.

**Dabber Art:** Supply the children with non-toxic bingo dabbers. Ask the child to dab a piece of paper with the dabber to create a picture.

**Make homemade Doughnuts for snack!**



## The Letter "Ee"

### Make a "E" Collage ~ Exercise

**Vinegar and Eggs:** Place a hard-boiled egg in a cup of vinegar, and see what happens. It bubbles. After one day, take out the egg, wipe it off with a paper towel and feel the egg. Ask your child questions about what you see and feel.

### Eggs:

- \*Collect different colored plastic eggs. Take the eggs apart and have the children find two egg halves of the same color and put them together.
- \*Have the children sort plastic eggs by size or color.
- \*Egg Toss: Supply the children with plastic eggs and an basket. Place a piece of masking tape on the floor for a throw line. The distance from the basket to the line should vary with abilities. Have the children throw the eggs into the basket. \*
- \*Roll the Egg: Place masking tape on the floor for the start and finish lines. Place one plastic egg on the starting line for each child. Explain that the object of the game is to roll the egg to the finish line with YOUR NOSE. If they get too good, add a few obstacles, such as a chair to go around, or tape a line for them to try to follow.

**"E" Snack/Meal Ideas:** Egg salad sandwiches ~ Deviled eggs ~ Hard boiled eggs ~ Friend eggs ~ Enchiladas ~ Egg rolls

**Eraser E's:** Give each child some dark chalk and a piece of paper.

Have them spread the chalk across the paper. Then give them an eraser and have them make eraser E's all over their paper. Of course, they can also just make E's just using the chalk.

**Learn about Elephants**



## The Letter "Ff"

### Make a "F" Collage

**Finger Print F's:** Print out large F shapes and give a printed sheet to each of your children. Then, give them washable ink pads and have them make finger prints all over their F shapes.

**Fan's:** Purchase small white paper plates. Let your children decorate them with marking pens. Attach a large craft stick to each fan with tape.

**Feel:** Have the children close their eyes one at a time and give them an object to feel. See if they can identify the object by only feeling it.

Object suggestions: Small rubber ball, a large crayon, an apple or orange, a rock or small piece of wood.

**Movement Time:** Fly like fairies ~ Be fishing ~ Fight fires ~ Float like a feather ~ Fall like a falling leaf ~ Hop like a frog

### Do some floating experiments:

- \*Make paper airplanes and see how they fly.
- \*Study fish, where they live, what they eat, how they reproduce, etc.
- \*Discuss ways to stop forest fires.
- \*Study the life chain in a forest.
- \*Learn about frogs.

**"F" Snack/M meal ideas:** Fruit bars ~ Fruit cups ~ Finger foods ~ French fries ~ Fish sticks



## Why Become a Member?

For those of you that do not know us, we are the Eastern Washington Family Child Care Association. (EWFCCA) that meets locally here in Spokane. We are a non-profit organization and our purpose is to promote quality child care throughout Eastern Washington. We wanted to give you some information about us and hope you will become a member of the association. We hold monthly meetings and usually meet every 3<sup>rd</sup> Monday of each month. A one year membership only costs \$30.00 for licensed child care providers and center directors and \$15.00 if you are an assistant or staff to a licensed provider or an exempt provider.

### And for that amount you will receive:

- \* A free copy of our bi-monthly newsletters that is packed full of useful information, recipes and activities that will help you in your day to day activities with the children in your care.
- \* You will also receive 8+ individual hours of FREE STARS training when you attend our monthly meetings and be entered for a chance to win a door prize at each meeting.
- \* Members and Associate members can attend our annual 'Reach for the Stars' Conference (6 STAR hours) in March and our Fall Conference (6 STAR hours) at a discounted price.
- \* You are invited to attend our Christmas Party as well as our June Banquet.
- \* Access to a computer specialist at a discounted price as well as receive software at an extreme discount. This year, members (open to your family, staff and childcare parents) can receive full versions of **Windows 7** (50 copies available at the discounted price of \$25); the **Window 8** (50 copies available at the discounted price of \$25); **Office 2013** (50 copies available at the discounted price of \$60) **Norton360** ~ which can be installed on 3 computers. (100 copies available at the discounted price of \$20).
- \* We promise to keep you well informed on topic that will affect you as a child care provider and you can socialize and network with other providers while preventing provider burnout.
- \* Members will be placed on a data base listed on our website for referrals.
- \* There is great food to eat at each general monthly meeting.
- \* Get your voice heard—you can help decide what the association does next.
- \* Parents and others will see you as more professional if you are a member of an organization.
- \* Your membership fee is tax deductible.
- \* Full Member only benefit! Via Email...receive a personalize-able, monthly parent newsletter to print and pass out to your childcare families. (members must submit their email address to [Debbie@ewfccca.org](mailto:Debbie@ewfccca.org) and ask to be placed on the list.

**All this and more for just \$30.00 for licensed child care providers and \$15.00 if you are an assistant to a licensed provider or an exempt provider.**

**Don't delay – make your checks payable to EWFCCA and mail it to:**

**William McGunagle 1727 E. Olympic Ave. Spokane, Wa 99207**

**Questions?** Call Debbie Thurber (509) 926-6144 email [Debbie@ewfccca.org](mailto:Debbie@ewfccca.org)

This will be your only complimentary issue or your final issue if membership fees are not received

## Monday September 16th

Please join us Monday, September 16th  
7 pm to 9 pm at the Teen Aid Center located at 723 E Jackson Ave  
(one block west off of N. Hamilton St on the corner of Cincinnati and Jackson—  
enter through the Cincinnati St entrance)

It's a Themed Pot Luck! This month theme is BACON!  
So, bring a dish to share that has bacon in it, if possible but not necessary!

### FREE STAR hour: Bev Bos's "Starting at Square One" DVD

In this DVD, you will see the Roseville Community Preschool 'in action'. While you watch, Teacher/Director Bev Bos discusses creative art, music and language and how to establish an environment that is child-sensitive. Included is a portion of a creative work\shop and an informal interview with Bev. This DVD was designed as a Staff Development Resource and has also been recognized as an outstanding Educational Resource.

CC: Curriculum & Learning Environment

Please join us for great food, network with other providers and have a wonderful time while receiving a FREE STAR hour!

There will be seasoned childcare provider available to answer any questions you may have concerning your childcare business. We are here to help and support childcare provider throughout Washington!

